

50mi LymeGrinder '22

0.0	📍	Start of route
0.2	➔	R onto 24th St
4.4	➔	R onto 190th St
6.2	➔	R onto Forest Rd
7.7	↖	Cross Hwy 61
7.7	↗	Onto 175th St N
8.3	←	L onto Greystone
9.2	➔	R onto Henna
10.5	←	L onto 165th St
11.2	➔	R onto Ingersoll
14.0	←	L onto 140th
14.2	←	L on gravel140th St
15.8	➔	R onto Keystone
17.5	←	L onto 122nd St
18.8	➔	R onto Manning Tr
19.2	←	L onto 120th St

19.2 miles. +479/-423 feet

20.0	←	L onto May Ave
23.1	➔	R onto 150th St
24.1	←	L onto Norell Ave
24.2	➔	R onto Oldfield Rd
26.6	←	L onto Paul Ave
27.5	←	L on Nason Hill Rd
29.3	➔	R onto 170th St
29.4	➔	R on Old Guslander
30.7	←	L onto Broadway Street
31.2	←	L onto Ostrum Trail
32.3	➔	Veer R onto Old Marine Tr
33.1	←	L onto 185th St
34.3	←	L onto Olinda Trail
35.1	➔	R onto 177th St
37.3	➔	R onto 170th St
38.6	➔	R onto Manning Tr

19.4 miles. +845/-833 feet

39.6	←	L onto 180th St N
43.2	↑	Cross Hwy 4/170th St.
43.6	↑	Con't straight onto gravel
44.5	➔	R onto 157th St N
45.4	↑	Con't onto Oneka Blvd
47.6	←	L onto Hwy 61/trail
48.0	➔	R onto Frenchman
49.0	➔	R
49.2	📍	End of route

10.6 miles. +232/-297 feet